

Volleyball Rules Yr 1-4



Players	4v4
Game Duration	20 minutes (2x 10-minute halves, 1-minute half time) Unlimited sets within time.
Court size	Badminton court.
Net Height	2m
Scoring	Once one team has eliminated all the opposition's players from the court, they receive a point.
Positions	4 players: Two players at the front and two players at the back. Eliminated to 3 players: One player at the front and two players at then back. Eliminated to 2 players: two players in the middle side by side. Eliminated to 1 player: player stands in the middle of court.
Substitutions	Any extra players form line off the back of the court. A Fresh may enter play after a set is complete.
Start of play	To start and resume the game: From either team the player in the back right position does an underarm serve of the ball over the net. Players may NOT reposition themselves to serve. Serving errors result in the player leaving the court.
Rules	<p>We want the children to have fun and play as much as possible within the 20 minutes. Our umpire will coach and help players to learn rules as they play:</p> <ol style="list-style-type: none">1. Players catch and throw the ball over the net and try to get their opponents to misplay the ball or ground the ball on their opponent's side of the net.2. When a teammate throws the ball over the net, the whole team rotates one position clockwise, with the exception of after the serves.3. If the ball is mishandled (i.e. dropped, thrown out of bounds or into the net), the player leaves the court and forms/joins line beside the court. When the ball contacts the floor, the player who is closest to the ball leaves the court.4. Children can also set the ball instead of catching and throwing it to the opponent's court. This is optional but should be encouraged.5. When a child's forearm passes the ball (from an opponent's shot), and a teammate catches the ball, the first eliminated player may return to the court. Or if there is just one player left on the court, this player may forearm pass the ball (from an opponent's shot) and catch it themselves.6. Every ball, with exception of the forearm pass to a teammate, must go directly over the net7. When "Team A" loses all their players (no players left to the court), "Team B" wins point. Next, all players return to the court and new point begins.