



SCREEN TIME AND DEVICE GUIDELINES

At the Y, our pillars are evident in all we do. Healthy Living and the wellbeing of participants is of paramount importance, and we encourage active recreation across all our programmes.

Screens and devices have a minor place in our programmes, and these guidelines outline the expectations of their use:

- ▶ All Children's Services sites will be television and screen free, and we encourage personal devices to be kept at home.
- ▶ Where devices are brought to the programme, we ask that they remain with the owner's personal belongings and are not used on the programme unless utilised as part of a supervised activity.
- ▶ Where homework is prescribed to be completed on devices as part of the curriculum, consideration will be given to the amount of time the device is being used. In these situations, it is recommended that a balance between active recreation and screen time is achieved.
- ▶ Movies may be shown on a Holiday Programme from time to time. Consideration will be given to the weather, the age of children, time of day and activity levels. It is expected that a movie will be shown no more than once per week of programme, and for no more than 1.5 hours.

VERSION CONTROL



Version	Date Approved	Approved by	Description of Updates
1.0	Oct-19	Amy Moreland	
2.0	Feb-20	Ben Keat	New Y logo & formatting