

## Y-Kids Before & After School Care



We have a commitment to the development of our Y kids while they are under our care. We do our best to ensure our activities fall into the following three categories: Active, Lifeskills and Create.



Energetic games
designed to support
fundamental
movement,
teamwork and being
on the move in a
supportive
environment.



A range of activities which encourage self expression and to explore new mediums and techniques



Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

## **Term 3 Activity Plan: Mt Cook**

Week	Active	Create	Life Skills
Tahi	Ultimate tag / Relays	Friendship bracelets	Cookies
Rua	Obstacle course / Dodgeball	Paper plane competition	Self-defense
Toru	Yoga / Musical statues	Snowflake wall	Planting seeds
Whā	Barnyard / Four corners	Stone painting	Bliss balls
Rima	Musical chairs / Silent ball	Origami	Egg - drop challenge
Ono	Rounders / Ball tag	Recycled materials craft comp.	Cheese rolls
Whitu	Dodgeball / Ultimate tag	Slime	Self-defense
Waru	Chain tag/ Barnyard	Creating with clay	Repotting seedlings
lwa	Football / Yoga	Play-Doh competition	Hand-tangle game
Tekau	Mystery tag / Obstacle course	DIY plushies	Talent show

Centre Manager: Isabella Sanchez Phone: 0800 YMCA 4U

Mobile: 027 782 0794

Email: mtcook.asc@ycentral.nz

Book Online: www.ycentral.nz/outofschoolcare