



# Y-Kids

Before & After School Care

Cashmere

We have a commitment to the development of our Y kids while they are under our care. We do our best to ensure our activities fall into the following three categories: Active, Lifeskills and Create.



Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques



Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

## Term 3 Activity Plan: Cashmere

Week	Active	Create	Life Skills
<b>Tahi</b>	Ultimate tag / Relays	Friendship bracelets	Cookies
<b>Rua</b>	Obstacle course / Dodgeball	Paper plane competition	Self-defense
<b>Toru</b>	Yoga / Musical statues	Snowflake wall	Planting seeds
<b>Whā</b>	Barnyard / Four corners	Stone painting	Bliss balls
<b>Rima</b>	Musical chairs / Silent ball	Origami	Egg - drop challenge
<b>Ono</b>	Rounders / Ball tag	Recycled materials craft comp.	Cheese rolls
<b>Whitu</b>	Dodgeball / Ultimate tag	Slime	Self-defense
<b>Waru</b>	Chain tag/ Barnyard	Creating with clay	Repotting seedlings
<b>Iwa</b>	Football / Yoga	Play-Doh competition	Hand-tangle game
<b>Tekau</b>	Mystery tag / Obstacle course	DIY plushies	Talent show

Programme Coordinator: Thomas Whitehead

Phone: 0800 YMCA 4U

Email: [cashmere.asc@ycentral.nz](mailto:cashmere.asc@ycentral.nz)

Book Online: [www.ycentral.nz/outofschoolcare](http://www.ycentral.nz/outofschoolcare)