

Y OUTDOORS

DUKE OF ED PACKING LIST



MANDATORY GEAR

- Tramping Pack
- Pack liner
- Sleeping Bag (temp rating of -1 or lower)
- Sleeping Mat
- Lightweight Tent (may be shared with others of same gender)
- Rain Jacket (must be waterproof and include a hood)
- Walking Shoes (tramping boots with ankle support are best, running shoes with adequate grip are acceptable).
- Head Torch (extra batteries)
- Toiletries (incl. sunscreen etc.)
- Water bottle

COOKING EQUIPMENT & FOOD

- Lightweight Pots
- Plate/bowl/mug/cutlery
- Tea towel
- Dishwashing liquid & scrubber

Prepare your food plan according to the durations of expedition. We recommend cooking in groups of 2-3 where possible. Y Outdoors Food Guide available on website.

Y Outdoors provide stoves and fuel.

MANDATORY CLOTHING

- 2x base layer top & bottom (thermal/polyprop)
- 1x shorts
- 2x t-shirts (no cotton)
- 1x middle layer (wool or fleece)
- 2x thick hiking socks
- 2x underwear
- 1x beanie
- 1x sunhat

This list is for overnight expeditions. Please bring more for longer expeditions

RECOMMENDED EXTRAS

- Personal First aid kit (medication, plasters, blister pads, insect repellent)
- Survival Kit (string, survival blanket, compass, whistle, water purification tablets etc.)

AVAILABLE FOR HIRE

- Tent (can be shared) \$20
- Tramping Pack (60L) \$20
- Sleeping Bag (\$20)
- Sleeping Mat (\$10)

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THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD

OTEAROA NEW ZEALAND | HILLARY AWARD

